

CONVERSATION & COFFEE W/ THE COUNSELORS

1ST WEDNESDAY OF
EACH MONTH

7:00AM-7:30AM

SMS LIBRARY

JOIN US FOR COFFEE &
DONUTS

NOVEMBER 5:

ATTENDANCE

DECEMBER 3:

REBUILDING FAMILY
FUN

JANUARY 7:

BULLYING

IMPORTANT UPCOMING DATES

Block 10/08 &
Schedule 10/09

Block 10/22 &
Schedule 10/23

Guardian 10/27

Spirit Rally 10/31

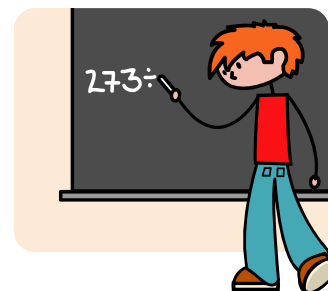
Negative School Attitudes

Having a positive temperament or personality is vital to one's success. We've all seen it before. Children who head to school each day with excitement, optimism, and a "good" attitude usually succeed. Young people who have negative school attitudes face many hurdles.

Some children are born with a more negative temperament than others. Parents shouldn't take all the blame for

their children's negative attitude. Many children become negative because the adults in their lives role model negativity. Some teens become negative because of their peer group; they are hanging with other children who dislike school and don't see it as being relevant. One other possibility for children having a negative school attitude is they may have learning or emotional problems that interfere

with their ability to enjoy school.



Regardless of the causes, parent and teachers can make a difference. Attitude adjustments are possible!

Strategies to Help Overcome a Negative Attitude

1. Be positive around these children. They need to see happy adults.
2. Remind middle school and high school students that research finds that "the number one reason people can't keep a job is that they can't get along with others."
3. Encourage these children to take more responsibility for their attitude.
4. Don't overreact to their negativism. Often they over exaggerate.
5. When they are venting, don't give them any attention. If necessary, say, "Excuse me," and walk away.
6. With younger children, if you sense they are starting to complain or blame, say, "Tell me one good thing that happened today before you start fusing."
7. When something good happens, point it out to the child.



Guidance & Counseling

Embrace each child for their unique qualities.

Encourage learning through experience.

To Empower for excellence in every area of life.

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Most folks are about as happy as they make their minds up to be.

-Abraham Lincoln

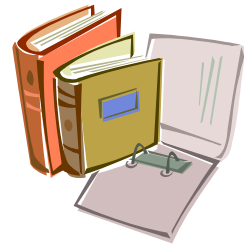
It may not be your fault for being down, but it's got to be your fault for not getting up.

-Steve Davis



Recommended Resources

- Helping Students Overcome Roadblocks to Achievement
- 101 Creative Strategies for Reaching Unmotivated Student Learners



<http://www.wallerisd.net/schultz/sms/Guidance%20and%20Counseling.htm>

Negative Attitude Strategies (continued)

8. Even if they constantly complain about school, you must make sure they attend. Letting these kids avoid school can lead to future problems such as failing or dropping out.
9. Praise them occasionally when they do things without complaining.
10. Monitor their peer groups. A child's temperament determines his or her peer groups. Negative kids hang with other negative kids.
11. Limit their times in passive activities such as watching television or listening to their favorite music. They need to be actively engaged with others.
12. Do not always focus on rewarding their grades, reward their efforts.
13. Do your best to get these children involved in extra-curricular activities such as clubs, sports, choir, and band.
14. Help these children recognize their special gifts and talents. Encourage and support them in pursuit of their strengths.
15. Come up with clever ways of getting these children involved in activities in which they help others. Often their attitudes improve when they spend time helping the poor, needy, elderly, or the homeless.
16. Show affection. Although they may not tell you, they still desire hugs and handshakes.
17. Show interest in their interests.

